



Corporate health solution for global employers

Unifying health and wellness strategies



The success of any organisation starts with a healthy workforce. Most global employers remain committed to creating a culture of health, with 77% acknowledging the importance and only 60% reporting they have established one.¹

Optum offers an integrated health solution that can help unify your health and wellness strategy and build a culture of health within your organisation.

Depth and breadth of services

You can help your employees get the support they need, when they need it. By offering a comprehensive wellbeing solution, you can address the many dimensions of your employees' health.



Employee Assistance Programme

Solutions:

- Onsite EAP
- 24/7/365 phone support
- Critical incident support
- Training and development
- Management support



Workplace Wellbeing

Solutions:


- ErgoPro
- Digital fitness
 - Volt Athletics
 - Daily Burn®
- Wellness coaching
- Health promotion specialists
- Programme Managers



Optum My Wellbeing

Solutions:

- Campaigns
- Challenges
- Digital coach
- Health score



Biometric Screening

Solutions:

- Onsite screenings
- Optum® My Wellbeing integration

Integrated solution suite

Our solutions complement one another to support the whole individual. They can help employees get mental and emotional support, find resources to improve their physical health, handle workplace issues and navigate times of crisis.

Single - source provider

Working with a single supplier can help you establish high quality standards and service consistency across regions whilst affording economies of scale. We help you customise a solution that works for your organisational needs and makes managing your wellness programme easier. You will have access to a single account management team who is dedicated to the success of all the health and wellbeing programmes you have purchased through Optum.

Data driven

We can help bring meaning to your data and strategise a plan of action to maintain and improve employee morale, as well as promote a more productive workforce.

Multi-language support*

Arabic
Chinese (Simplified)
Chinese (Traditional)
Dutch
English (UK)
English (US)
French (CA)
French (FR)
German
Hebrew
Italian
Japanese
Korean
Malay
Norwegian
Polish
Portuguese (Brazilian)
Russian
Spanish (LAM)
Swedish
Thai
Turkish

Learn how we can help bring your company's wellness vision to life.



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* My Wellbeing supported in 19 languages.

1. Optum 2022 International Wellness in the Workplace Benchmark Study.

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