

Improve your members' health with one solution

Just one interaction with Optum® HouseCalls in-home assessments can impact your members' health.

Medicare Advantage members receiving in-home assessments saw reductions in both emergency department (ED) visits and inpatient hospital stays across 4 conditions.*



Type 2 diabetes



Hypertension




Coronary artery disease (CAD)



Depression

The benefits of in-home visits

Click on  to reveal stats

Visited members saw:	Visited members saw:	Visited members saw:
4.4% fewer ED visits for those with hypertension*	5.14% decrease in inpatient admissions for those with hypertension*	 Reduced wait times to receive follow-up primary care, ranging from 2.5 days for hypertension to 5 days for depression*
4.1% fewer ED visits for those with Type 2 diabetes*	5.2% decrease in inpatient admissions for those with Type 2 diabetes*	1.95% decrease in major adverse cardiovascular events for patients with CAD*
4.1% fewer ED visits for those with CAD*	4.6% decrease in inpatient admissions for those with CAD*	
3.7% fewer ED visits for those with depression*	2.5% decrease in inpatient admissions for those with depression*	



The bottom line: The HouseCalls program helps identify issues and coordinate appropriate follow-up care to improve member's health and well-being and reduce avoidable healthcare utilization.

Visit optum.com/housecalls or contact us



*Smolderen KG, Heath K, Ameli O, et al. In-home visits and subsequent health outcomes in Medicare Advantage beneficiaries with coronary artery disease, diabetes, hypertension, and depression. *Medical Care*. 2023;61(6):366-376.