



Managed Care for Long-Stay Nursing Home Residents:



An Evaluation of Institutional Special Needs Plans

A study by Harvard Medical School researchers*

A new study finds that members of UnitedHealthcare® Medicare Advantage Institutional Special Needs Plans (ISNP) using the Optum care model had lower rates of ED, inpatient use and hospital re-admissions compared with traditional Medicare fee-for-service (FFS) nursing home residents.



THE FINDINGS



38%
fewer
hospitalizations



51%
fewer ED
visits



45%
fewer
re-admissions



112%
higher rate
of SNF use



POSSIBLE IMPACT

\$1 BILLION

spending difference between
FFS and ISNP beneficiaries

The study results illustrate the potential relationship between investment in clinical care in the nursing home and decreased spending on ED and inpatient services annually (not including the costs of the care model).

*McGarry BE, Grabowski DC. Managed care for long-stay nursing home residents: an evaluation of Institutional Special Needs Plans. *American Journal of Managed Care* 25(9): 400-405.

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